



The safe, natural way to keep warm

NEVER USE BOILING WATER TO FILL YOUR HOT WATER BOTTLE.

- This hot water bottle is designed to be partly filled.
- Never heat bottle in oven or microwave oven.
- Do not sit or lie on hot water bottle.
- Replace the bottle immediately if it looks damaged or worn, has cracks, splits, colour has changed or feels brittle.
- Replace the bottle at least every year if you use it most days.
- Replace the bottle at least every third year if you use it occasionally or just in winter.

Filling and Storage Instructions:

- When filling this hot water bottle, **do not use boiling water** and fill to a maximum of two thirds capacity or less.
- Do not overfill as this might cause the bottle to burst. Use up to 1.3 litres of water.
- Recommended water temperature not to exceed 42 degrees Celsius.
- Wear rubber, nitrile or vinyl gloves for added protection.
- Hold the bottle by the neck in an upright position, over the sink and away from your body, and fill slowly to avoid hot water splashing back.
- Expel air from the bottle by lowering it carefully onto a flat surface until water appears at the opening.
- Screw the stopper sufficiently tight to ensure that there is no leakage. Finger-tight should be adequate.
- Finally, make sure the funnel is empty.
- Hold bottle upside down over sink, away from body, and squeeze lightly to check for leaks.
- If there is a possibility that prolonged contact with the skin could occur, an adequate cover should be used to prevent burns.
- Under no circumstance should the hot water bottle be used as a cushion and be sat on.
- Do not fill using water from the domestic hot water system as this can considerably shorten the life of the hot water bottle.
- Prevent contact with hot surfaces and naked flames.
- Prevent contact with oil or grease.
- When not in use, drain completely, hang upside down and keep with the stopper removed, in a cool, dry, dark place. Prevent exposure to sunlight.
- Do not place anything on top of the bottle during storage, including sharp or heavy objects.
- Check the bottle and stopper for wear and damage at regular intervals prior to use.

Warnings:

- HOT WATER BOTTLES CAN CAUSE BURNS.
- AVOID PROLONGED DIRECT CONTACT WITH THE SKIN.
- PLASTIC BAGS CAN BE DANGEROUS. TO AVOID DANGER OR SUFFOCATION, KEEP THIS BAG AWAY FROM BABIES AND CHILDREN.
- THIS HOT WATER BOTTLE IS MADE OF NATURAL RUBBER.

Retain these instructions for future reference.