



*The safe, natural way to keep warm*

## RETAIN THESE INSTRUCTIONS FOR FUTURE REFERENCE

- **NEVER USE BOILING WATER TO FILL YOUR HOT WATER BOTTLE.**
- This hot water bottle is designed to be partly filled.
- Hold bottle over sink and away from your body, taking care not to splash water onto hands or body.
- Never heat bottle in oven or microwave oven.
- Do not sit or lie on hot water bottle.
- Replace the bottle immediately if it looks damaged or worn, has cracks, splits, colour has changed or feels brittle.
- Replace the bottle every year if you use it most days.
- Replace the bottle every third year if you use it occasionally or just in winter.

### **FILLING INSTRUCTIONS:**

- When filling this hot water bottle, **do not use boiling water** and fill to a maximum of two thirds capacity. Use up to 1.3 litres of water.
- Recommended water temperature not to exceed 42 degrees Celsius.
- Wear rubber gloves. Hold the bottle by the neck in an upright position, over the sink and away from your body, and fill slowly to avoid hot water splashing back.
- Expel air from the bottle by lowering it carefully onto a flat surface until water appears at the opening.
- Screw the stopper sufficiently tight to ensure that there is no leakage. Finger-tight should be adequate.
- Hold bottle upside down over sink, away from body, and squeeze lightly to check for leaks.
- Do not fill using water from the domestic hot water system as this can considerably shorten the life of the hot water bottle.
- Prevent contact with hot surfaces and naked flames. Prevent contact with oil or grease.

### **STORAGE INSTRUCTIONS:**

- When not in use, drain completely, hang upside down and keep with the stopper removed in a cool, dry, dark place. Prevent exposure to sunlight.
- Do not place anything on top of the bottle, including sharp or heavy objects.

### **WARNINGS:**

- HOT WATER BOTTLES CAN CAUSE BURNS. AVOID PROLONGED DIRECT CONTACT WITH THE SKIN.
- PLASTIC BAGS CAN BE DANGEROUS. TO AVOID DANGER OR SUFFOCATION, KEEP THIS BAG AWAY FROM BABIES AND CHILDREN.
- THIS HOT WATER BOTTLE IS MADE OF NATURAL RUBBER.